

OCD NEW JERSEY

OCD New Jersey is a nonprofit organization sanctioned by the International OCD Foundation (IOCDF). We offer educational support to those with OCD and their families. Members include mental health professionals as well as those with OCD, their families, and friends.

We publish an online newsletter, host an annual luncheon/conference, and sponsor special events during the year. Visit our website at www.ocdnj.org for additional information about our dynamic and growing organization.

Continuing Education Credits

This conference is for anyone who wants to learn more about OCD, including professionals, those with OCD, and their family members. This program is for 4 CE credits for psychologists, social workers and educators.

This program is co-sponsored by Stress and Anxiety Services of NJ and OCD New Jersey. Stress and Anxiety Services of NJ is approved by the American Psychological Association to sponsor continuing education for psychologists.

Stress and Anxiety Services of NJ maintains responsibility for the program.

This program is of intermediate level for psychologists, social workers, and educators.

OCD New Jersey
PO Box 958
East Brunswick, NJ 08816



presents our
20th Annual Conference...

An Interactive Multimedia Presentation
by Dr. Eric Storch

“Clinical complexities in treating youth with OCD: Tips for parents and professionals”

and

“Determining the right level of care for people with OCD”



plus

“Living with OCD” Panel

with those who deal with OCD every day
with instructor Allen H. Weg, EdD

Sunday, March 15, 2020
The Westwood, Garwood, NJ

Program

Pediatric obsessive-compulsive disorder is a common condition that frequently co-occurs with a number of clinical complexities. These factors may include poor insight, family accommodation, comorbid conditions, and limited motivation. The initial aspect of this talk will focus on providing tips for both parents and professionals in terms of how to address a variety of clinical complexities that often occur when working with youth with OCD. The second part of the talk will focus on understanding different levels of care for individuals with OCD including outpatient, intensive outpatient programs, and residential programs. Different presentations will be considered to help understand the right treatment for different people.

The Learning Objectives of the presentations will help an individual:

Recognize factors that impact clinical response in treatment.

Name 3 tips for addressing clinical complexities in treatment.

Describe different levels of treatment for people with OCD.

“Living With OCD” Panel: Each year, several volunteers who either have OCD or live with someone who does, spend some time sharing their personal experiences in a panel format. They review their OCD symptoms, their specific experiences in treatment, and their personal struggles in going through the process. These statements are punctuated by instructional commentaries by Dr. Weg, who will use these testimonials as a teaching opportunity to illustrate and expand on the diagnosis, expression, and treatment of this disorder. This is followed by a question and answer session that has often been a highlight of the conference. Again, Dr. Weg will expand on panel members' responses, providing attendees with a rich and dynamic learning experience.

Our Presenters

Dr. Eric Storch is Professor and McIngvale Presidential Endowed Chair in the Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine (BCM). He serves as Vice Chair and Head of Psychology, and oversees the CBT for OCD program at BCM. Dr. Storch has received multiple grants from federal agencies for his research (i.e., NIH, CDC), is a Fulbright Scholar, and has published over 14 books and over 550 articles and chapters. He specializes in the nature and treatment of childhood and adult obsessive-compulsive disorder and related conditions, anxiety disorders, and anxiety among youth with autism.

Dr. Allen H. Weg is a New Jersey licensed psychologist and President of OCD New Jersey. He is Founder and Executive Director of *Stress and Anxiety Services of New Jersey*, an independent practice with locations in East Brunswick and Florham Park. Dr. Weg is a member of the Clinical and Scientific Advisory Board of the International OCD Foundation (IOCDF), and is on the faculty for the Behavior Therapy Training Institute (the certification and training arm of the IOCDF).

Schedule

9:45-10:15am	Registration
10:00-10:30 am	Continental Breakfast
10:15-10:30 am	Welcoming Remarks, Allen H. Weg, OCD New Jersey President
10:30am-2pm	Dr. Storch's presentation (lunch from 12-12:30pm)
2:00-2:55 pm	“Living with OCD Panel, Dr. Weg, Instructor
2:55-3:00 pm	Closing Remarks

Contact OCD New Jersey

For more information, or for complaints or grievances, please call (732) 476-4021 or write to OCD New Jersey, P O Box 958, East Brunswick, NJ 08816.

Registration Form

Advance Registration (before 3/9/20) - \$85
Late/On-Site Registration - \$95
CEU Credits - Advance Registration - \$95
CEU Credits - Late/On-Site Registration - \$105
Student Fee (full-time with proper I.D.) - \$50
Kosher meals available with advance registration only No confirmation of registration will be sent.

Name _____

Organization _____

Address _____

City/State/Zip _____

Daytime phone: () _____

E-mail _____

Mail checks payable to: OCD New Jersey,
PO Box 958, East Brunswick, NJ 08816

Or register online: www.ocdnj.org

In the rare case of a cancellation, refunds will be given.

Directions to The Westwood:

The Westwood, 438 North Avenue, Garwood, NJ 07027 Telephone: (908) 789-0808 Handicap accessible facility

TRAVELING NJ TURNPIKE NORTH: Take NJ Turnpike North to Exit 11. Follow signs to Garden State Parkway North. Follow Directions as in Traveling Garden State Parkway North.

TRAVELING NJ TURNPIKE SOUTH: Take NJ Turnpike South to Exit 14. Follow signs to I-78 west towards US-22/US9/US1. Merge onto 1-78W. Take the Garden State Parkway Exit 52. Keep right at the fork, follow signs to Garden State Parkway and merge onto Garden State Parkway South. Take Exit 137 and bear right for State Highway 28 towards Cranford. The Westwood is 2.2 miles on the right side.

TRAVELING GARDEN STATE PARKWAY NORTH: Parkway North to Exit 135. Bear left and proceed straight through first traffic light. Make a left at a second traffic light. Stay in right lane through tunnel, proceeding straight thru the next traffic light. You will be on Central Avenue. Follow Central Avenue for approximately 3.5 miles to North Avenue. Turn right onto North Avenue (the intersection after you've gone under the railroad tracks). The Westwood is approximately .5 miles on the left.

TRAVELING GARDEN STATE PARKWAY SOUTH: Take Parkway South to Exit 137. Bear right onto Westfield Avenue (also called route 28 West and North Avenue). The Westwood is located 2.2 miles on the right.