



Next Quarterly Meeting to Be Held on June 8 at 7:30 p.m.

Dr. Allen Weg to present:

"I'm Afraid I'm Really Gonna Do It!": Responding to the OCD Fear of Loss of Impulse Control

Fear of loss of impulse control (FLI) is a specific presentation of OCD, where the focus of the obsession is the idea that the one will do something out of character; often violent, sexual, and/or illegal, or at the very least embarrassing, even though there is absolutely no desire on the part of the person to do these things.

Click here for the rest of the article:

<http://www.ocdnj.org/quarterly-meeting.htm>

Review of Annual Conference

Anne Marie Albano, Ph.D., ABPP Presented on "Treatment of OCD in Adolescents and Young Adults: What To Do with Parents?"

by Rachel Strohl, Psy.D.

On Sunday March 15, 2015, Anne Marie Albano, Ph.D. presented at the annual conference of OCD New Jersey (OCD NJ). Dr. Albano is Associate Professor of Clinical Psychology in Psychiatry at Columbia University and Director of the Columbia University Clinic for Anxiety and Related Disorders. Dr. Albano is a Fellow of the American Psychological Association, Founding Fellow of the Academy of Cognitive Therapy, a Beck Institute Scholar, and is Board Certified in Clinical Child and Adolescent Psychology. Dr. Albano is Past President of the Society for Clinical Child and Adolescent Psychology of the American Psychological Association and also past-president of the Association for Behavioral and Cognitive Therapies.

Click here for the rest of the article:

<http://www.ocdnj.org/AnnualConference.htm>

Review of Quarterly Meeting on March 9

Ali Mattu, Ph.D. Presented on "Howard Hughes to Harry Power: How Stories Heal OCD"

by Rachel Strohl, Psy.D.

On Monday March 9, 2015, Ali Mattu, Ph.D. presented at the quarterly meeting of OCD New Jersey (OCDNJ). Dr. Mattu is a New York licensed psychologist at the Columbia University Clinic for Anxiety and Related Disorders (CUCARD). Dr. Mattu specializes in the treatment of children, adolescents, and adults with anxiety disorders and body-focused repetitive behaviors. Throughout his career, Dr. Mattu has served in a variety of leadership roles in psychology.

Click here for the rest of the article:

<http://www.ocdnj.org/articles.html>

OCD Support Groups in NJ

On our website is a list of active support groups in the state. Please click on the link below for more information:

<http://www.ocdnj.org/SupportGroups.htm>

Professional Directory

This list of professionals have paid to advertise to the OCD community. OCD NJ does not review, approve, endorse, nor certify the qualifications of any mental health professionals listed to provide any mental health care services. OCD NJ therefore, is not making any representations, warranties, nor any guarantees, regarding the providing of mental health care services by these professionals.

OCD NJ does not fact check or otherwise investigate the accuracy of the information provided by the professional for its listing regarding their qualifications, experience, specialized areas of practice, or any other information posted. OCD NJ has no responsibility nor any obligations or liabilities for any inaccurate, false or otherwise misleading information about the qualifications, special skills or experience, areas of practice, or any other information posted.

Click on the link below for the professional directory:

<http://www.ocdnj.org/professional-directory.html>

For more information on OCD NJ, please visit our website at www.ocdnj.org