

OCD New Jersey Fall 2019 Newsletter



Save the Date!

OCDNJ Annual Conference Featuring Dr. Eric Storch Will Be Held On Sunday, March 15, 2020

Dr. Storch will be our keynote speaker and will be presenting on the topics of “Clinical complexities in treating youth with OCD: Tips for parents and professionals” and “Determining the right level of care for people with OCD.” The conference will also feature the "Living with OCD Panel." Every year at our annual conference, we collect a handful of people who either have OCD or live with someone who does, and they each spend a little bit of time sharing their personal experiences and then take questions from the audience.

To read the rest of the article, click this link: <http://www.ocdnj.org/meetings/annual-conference/>



Dr. Eric Storch will present on "Clinical complexities in treating youth with OCD: Tips for parents and professionals" and "Determining the right level of care for people with OCD"

OCD Awareness Week 2019 Review

OCD New Jersey was involved in 4 different events located throughout the state during OCD Awareness week, October 13-19. There were 3 different OCD Expert Panels, and one presentation to a psychology organization.

On Monday, October 14th, 26 community members attended the OCD New Jersey's "OCD Awareness Week: Ask the Experts" panel at Anthony's Coal Fired Pizza in Livingston. As audience members enjoyed free pizza and salad, panelists Drs. Jordan Levy, Melissa Conway, Stacey Dobrinsky, and Zach Infantolino answered questions about OCD symptoms, treatment, and best practices.

OCD NJ hosted "OCD Awareness Week: Ask the Experts" panel at Grillstone Restaurant in Old Bridge, New Jersey. The event was attended by over thirty individuals and moderated by Drs. Allen Weg, Rachel Strohl, Robert Zambrano, and Jennifer Kennedy. Audience members posed relevant and thoughtful questions, such as how to treat specific types of OCD, the role of medication in symptom management, and how therapy is modified for the child and adolescent populations.

On Wednesday, October 16th, OCD NJ hosted an "Ask the Experts" Q & A panel at the Cherry Hill Public Library in recognition of OCD Awareness Week. Panel members were Drs. Marla Deibler, Jennifer Gola, Phoebe Durland, Jacquelyn Gola and Mr. Paul T. They discussed the manifestation of OCD, co-occurring disorders, the nuances of effective treatment, and living successfully with the disorder.

On Thursday, October 17th, OCD New Jersey President, Allen H Weg, EdD, presented to the Morris County Psychological Association at the College of St Elizabeth in Morristown, New Jersey. His topic was, "Pediatric Treatment of OCD," and it was attended by over 30 mental health professionals.

To read the rest of the article, click this link: <http://www.ocdnj.org/meetings/ocd-awareness-week/ocd-awareness-week-2019/>



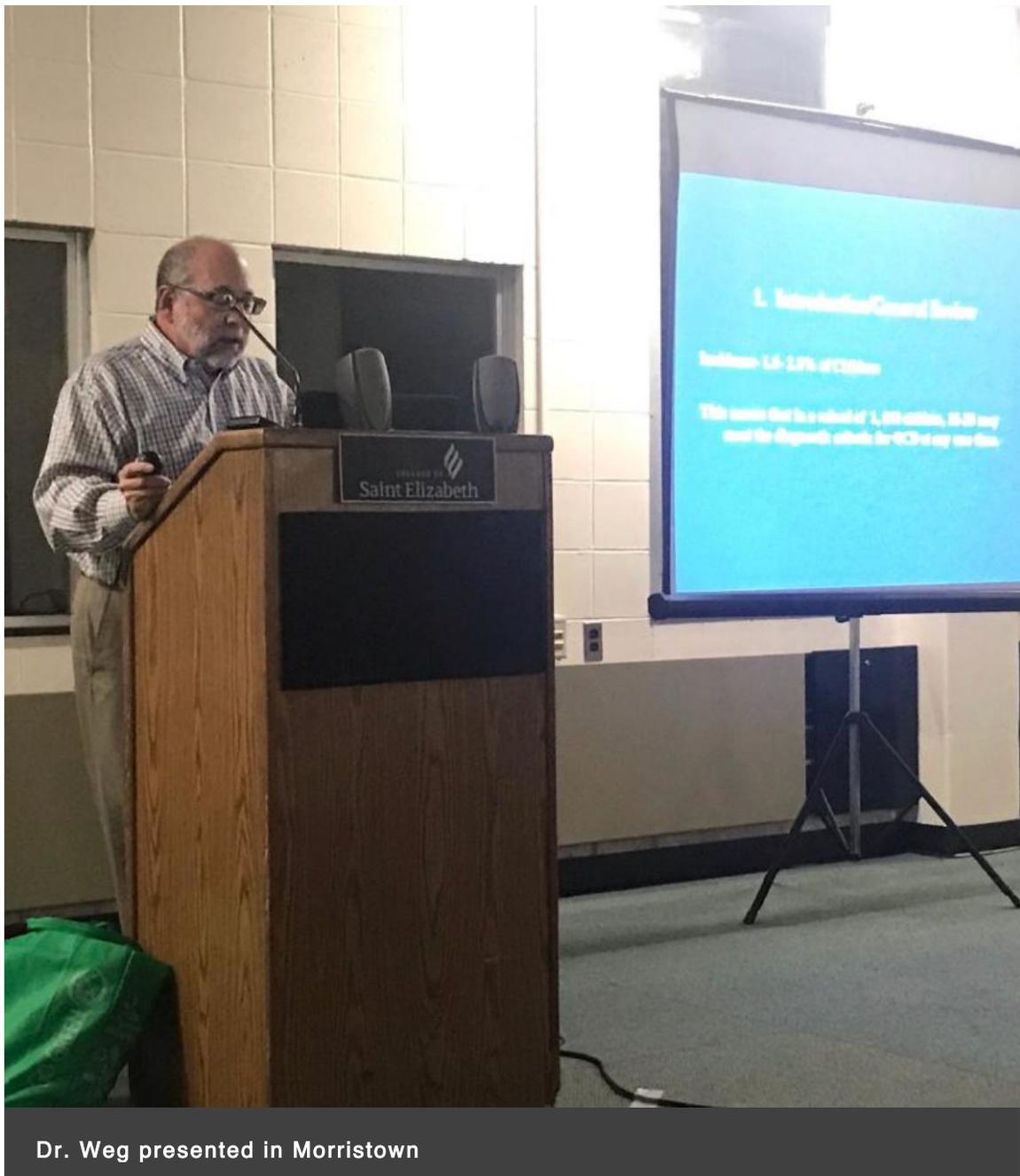
Drs. Levy, Conway, Dobrinsky and Infantolino presented as a panel of experts in Livingston



Drs. Weg, Zambrano, Strohl, and Kennedy presented as a panel of experts in Old Bridge



Drs. Deibler, Gola, Durland, Gola and Mr. Paul T. presented as a panel of experts in Cherry Hill



Dr. Weg presented in Morristown

OCDNJ DVDs for Sale

We record our annual conferences and the speakers from our quarterly meetings, and provide copies of them to anyone interested. All moneys charged are pumped back into OCDNJ to help defray the costs of the organization. This is a great way to learn more about various topics of interest within and related to OCD. For a listing of DVDs available, click this link: <http://www.ocdnj.org/newsletter/dvds/>

OCD Support Groups in NJ

There is information on support groups throughout the state on our website. Click on the following link to find out if there is a support group in your area: <http://www.ocdnj.org/get-help/support-groups/>

Professional Directory

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